



Registration for 2019 Winter Season

Online registration opens on 1 January 2019 and closes on Thursday 31st January 2019 at 8pm.

Please register before this date if you wish to play in the 2019 winter season. Registrations beyond this date will only be accepted if team numbers are short. Don't miss out!

Active Kids

2019 will mark the second year where parents and carers of school-aged children enrolled in an approved sport or fitness activity can receive a \$100 voucher to cover registration and participation costs for that calendar year. The program supports the Premier's priority to reduce childhood obesity by increasing participation in sport and changing physical activity behaviours of children and young people in NSW.

For more information please visit the *Active Kids* website:

<https://sport.nsw.gov.au/sectordevelopment/activekids>

Fees

Fees are dependent on those set by Netball NSW, KNA and St Ives Netball Club and include a \$30 fundraising levy. For the 2019 winter season they are:

7-8 year olds	\$265
9-17 year olds	\$270
18+ years	\$285

Cadet Players (age 16+)

Cadet players aged 16 and above can elect to play in a social team in the Seniors division or a lower graded Cadet division. These teams will generally not be assigned a coach and can elect to train or not, depending on the team's thoughts. Please let Toni Twigg at grading@stivesnetball.com.au know if you would like to form a social team.

Grading Dates

During the 2018 season, the grading committee sought multiple reports from the 2018 coaches and Consulting Coaches. We therefore have 2-3 written reports on every player. Grading Day will be used to triple check our paper graded teams and allow for any new players to trial. Players will take the court at least 2 times in the positions identified by their previous coach. They may also be trialled in other positions. Playing positions can be discussed further with your 2019 coach should players like to change. Please refer to the Grading Policy on our website for further information.

Players are graded in the age group they will be playing in in 2019. Look for the age your child will be turning during the 2019 calendar year. There is no grading for players aged 7 & 8 or seniors.

Grading dates and times are as follows:

9 years - Sunday 24th February 2019,
8.00am – 11.00am

10 years - Sunday 17th February 2019,
8.00am – 11.00am

11 years - Friday 22nd February 2019
5.00pm – 7.30pm

12 years - Sunday 10th February 2019
8.30am – 10.30am

Inters (13 & 14 years) - Friday 8th February 2019
5pm – 9pm (will be run in 3 timeslots)

Cadets – grading was performed in September 2018

Senior Players (age 18+)

If you are a Senior player looking for a team, or you know a Senior player looking for a team, please email Nikki Lindsay at vicepresident@stivesnetball.com.au with your details.

All attempts will be made to find all players a team. This will be dependent on team vacancies.

Team Announcements

All teams will be announced on **Thursday, 7 March 2019**.

Teams for ages 7 & 8 and Seniors are based on friend request (met where possible) and are graded for ages 9 to 17.

Training Days

Age groups 7 to 12 are allocated specific training days, allowing coaches to work together to develop effective coaching strategies and allow the girls to play games together. Inters & Cadet teams will train across a number of days. The days are:

Monday	9 years
Tuesday	12 years
Wednesday	NetSetGo 7 & 8 year olds & 10 years
Thursday	11 years

As we share the courts with other netball clubs, we need to work in with their needs as well so wherever possible we will stick with the dates above but it may be necessary to move some teams. **We will also need to take into account KNA Rep training days for the A teams.**

Training Requirements

In line with our club values and fairness to your team members and Coach, it is mandatory to attend 90% of all training sessions for their 60 min duration.

If you fail to comply with the Club Training Policy, the player will either be withdrawn from the team or have their court time reduced for Saturday games on a weekly basis.

Full commitment to your team from both players and parents is a condition of registration with St Ives. Please ensure that you are able to make it to training 5 minutes prior to starting and remain until the conclusion of the session before registering your child.

Important season events

A calendar of the full 2019 season is available on the Club website. Some key dates early on in the season are:

- Sun 17 Mar - KNA Age 9 year round robin
- Sun 17 Mar - St Ives Gala Day – ages 10, 11 & 12
- Sat 23 Mar - NetSetGo Orientation Day
- Mon 18 Mar - Training starts this week
- Sat 30 March – 1st Game Day

Junior Coaching Program

St Ives Netball Club is focused on improving the quality of our coaching and the introduction of a Junior Coaching Policy in 2017 is testament to this focus. This policy covers our Inters and Cadet players who wish to become involved in coaching.

We have developed this program to utilise the amazing talent we have in our teenage players and to build them into high quality, knowledgeable and enthusiastic coaches. Interested players will be required to initially work with an experienced coach for a minimum of 1 year, depending on their age. All Junior Coaches are required to keep an updated portfolio of netball drills and core skills and a lesson plan for each weekly training session. All coaches will be required to attend both weekly training sessions and weekend games of their team. The Junior Coaches (Cadet Age) will be paid for their contribution on a sliding scale of experience.

To ensure the high quality of St Ives Coaching remains, Assistant and Junior Coaches will need to re-apply each year in order to continue their coaching development. It will be considered a privilege to be re-offered a coaching position and each coach will need to strive hard to remain in the programme, as we have so many interested players.

Please have a look on our Club website under “coaching” to see how this program works and to decide if you would like to be a part of it.

Equipment

All manager's bags and training equipment from the 2018 season (or previous seasons) must be returned.

Please email Steph Chan on equipment@stivesnetball.com.au for drop off instructions.

New & 2nd Hand Uniforms

Please order your new uniform and other Netball essentials via the Uniform link on our St Ives Netball club website. You can purchase and pay for your uniforms online and then collect your uniforms at one of two Uniform Days we are holding on Saturday 23rd February, 3-5pm and Sunday 24th February 10am to 1pm. St Ives Library Meeting Room, St Ives Village Shopping Centre.

You are also able to try on your dress and swap if you require a different size.

Please use the following link to order your uniforms:

http://stivesnetball.com.au/?page_id=308

2nd Hand Uniform Store

We have a Facebook page *St Ives Netball buy & sell* @ this link

<https://www.facebook.com/groups/793605314098951/>

You can either purchase or advertise to sell your second hand uniforms on this page. The appropriate price for a second hand dress in very good condition would be around \$25.

Want to start umpiring?

Boys and girls can start umpiring from 12 years onwards (must be turning 12 in 2019). It is a great opportunity to get more involved with netball, brush up on all the rules, and have a great time doing it. Umpiring is a paid role with a scale of payment based on the badge level of the umpire.

New umpires start as “unbadged” and umpire in the 8am and 8.55am timeslot on a rotating basis – all new umpires will be required to do at least 5 games in the 8am timeslot with no exceptions.

We have a strong focus on supporting our umpires. This includes a program where our more experienced umpires will buddy new umpires. Umpires who have a Mid D badge and above are strongly encouraged to be part of the buddy program. The buddy program is paid and is a great opportunity to get to know other umpires, strengthen your knowledge of the rules, and earn some cash while you're at it. To be a buddy, you can register your interest as part of the online registration process.

If you would like to know more or register your interest as an umpire or umpire buddy, please email Anna at umpire@stivesnetball.com.au with your name and age.

Volunteering at St Ives Netball Club

If you are enrolling either yourself or your child in St Ives Netball Club you will be expected to volunteer at some level. We have 3 levels of volunteers. You must choose which level you would like to participate at:

Level 1 - grounds duty, canteen, scoring, supplying fruit, supervising training sessions

Level 2 - coaching, managing a team, umpiring (paid)

Level 3 - St Ives Netball Management Committee, Ku-ring-gai Netball Association Management Committee

Active Community Insurance (ACI)

St Ives Netball has partnered with ACI to raise funds for Club resources. If you purchase an insurance policy through ACI, our Club receives funds on every policy you purchase every year for the life time of the policy.

Our partnership could raise valuable dollars every year for St Ives Netball to buy new equipment and services for our members ... it only takes 5-10 minutes to complete 3 easy steps. ACI insures Home & Contents, Landlords, Motor, Business, Farm & Travel. St Ives Netball can earn funds through the insurance that you already pay for!

Visit their website:

www.activecommunityinsurance.com.au or email info@activecommunityinsurance.com.au

Gala Day – 10s, 11s & 12s

We are planning on holding a Gala Day for our 10, 11 and 12 age groups. At this stage our tentative date for this is Sunday 17th March, in the afternoon. More information to follow...

Follow us on:



www.stivesnetball.com.au

Our website has all the information you need on season calendar, key contacts, policies, uniform purchases etc.

In order that you do not miss out on important information from our club, please add our domain - @stivesnetball.com.au to your safe senders list.